



BIG EASY FLEUR DE LIS PARKINSON'S SUPPORT GROUP
Agenda – Jan. 29, 2018



1. Opening prayer – Dr. Ferd Becker
2. Welcome new members: **Dan Flynn; Susan Smith** *Welcome Bags ?*
3. OLD BUSINESS:
Name of LLC: Big Easy PD
WEB SITE- BigEasyFleurDeLis.org - Need a **Volunteer** to update monthly.
Dr's. Office Rack Cards – need replacing – **Volunteer ??**
4. NEW BUSINESS: *Call on Paula to speak*
***MARIE & JIM McCLELAND** – Paula Shaffer coordinating food for them during Marie's Chemo, Surgery, and Chemo again. **Volunteers** needed !! - Cooks & Delivery -
Paula's email is: < ArtGlass268@gmail.com > *Sign-up sheet circulating.
*FOOTBALL POOL – Joyce Brinkman
*FLOOR – CEILING GRAB POLE available **free** call Shirley Robertson 455-6289
***Help needed for Group – *sign up sheet**
5. TIPS & TRICKS: Our **GREEN** BROCHURE !
*Exercise – still #1 for slowing progression of PD ! R. S. Boxing; Wellness center
*Rx Timer Caps / T-shirts / Pins {Group Logo}
*Touch Points < thetouchpointssolution.com >
*Emma Watch < ba-bamail.com >
*< BrokenBrain.com > The brain can move toward the positive or toward the negative, depending on what we do with our environment, diet, lifestyle, stress, toxins, movement, social connectiveness.
*Manuscript Paper – correct your Handwriting !
***FREE** on Internet - *Aware in Care (Hospital Kit) * PD Hub Notebook
6. CAREGIVER SUPPORT GROUP – *Survey sign-up sheet circulating from Home Care Solutions
7. Our speaker today: **Tina Gunaldo** - LSU Partner Program

Meeting dates for 2018:

- *Feb. 26th Abbie-Duopa * March 26th Home Care Solutions
- *April 30th Dr. Sarah Perez Impax Labs { Music & Rytary }
- *May 21st Foot Solutions Sheila Bechet –Pedorthist * June 25th Lundbeck Pharm. (Northera)
- *July 30th Baudry Therapy * Aug.27th *Sept.27th *Oct. 29th *Nov. 26th

SMILE – BE HAPPY – HUG SOMEONE EVERY DAY !