



**BIG EASY FLEUR DE LIS PARKINSON'S SUPPORT GROUP**



**UPDATE** Meeting Agenda – July 31, 2017 **UPDATE**

1. **TOGETHER WE PRAY:** < for the recovery of our friends, Anita & Phillip Lynch, who were brutally beaten at their home in Kenner on 10<sup>th</sup> of June. Anita is progressing well.

**PHILLIP PASSED THIS MORNING { 8-4-17 }**

2. **WELCOME !** New Members, please introduce yourself. Our “Big Book” on the back table is for you to peruse while you are here, if you need any contents, please fill out sign in sheet. Minutes of past meetings may be found on our website. **Susan Falgoust**, has prepared Welcome Bags today. If you are a new member and did not receive one, please see Garrett !

**3. OUTREACH PROJECT:**

Our Advocate Team has been well received and successful in promoting PD awareness, thus far.

\*Our next opportunity to Advocate will be in **August to Nursing Students at E.J.G.H.**

If you are interested in joining the Advocate Team giving short presentations about “Living Well With PD” and distributing our Handouts and new Brochures describing the special needs of a Parkinson patient in a medical environment, please contact **Mitchell Friedel : 415-2642 LAPPS504@aol.com**

4. **Parkinson Conference Baton Rouge** last Saturday was one of the best –I thought. It was understandably informative, some sensitive and emotional, and a lot of fun & humor from Steve Kragthorpe. Dr. Calegan stressed the trending issues with PD & “The Gut”, and suggested trying a KETOGENIC DIET. <you go first> Blueberries still top the list of favorite PD food ! Also stressed was the importance of choosing a P. T. who has specialized training in PD. <news to me> Special news !!! **DANCE FOR PD** is coming to the JCC Oct. 10<sup>th</sup> ! These classes will be free of charge.

5. **Save the date - Oct. 14<sup>th</sup> LA Walks for Parkinson's** Lafreniere Pk **Register on Team Big Easy**

**\*Save the date – Oct. 19<sup>th</sup> “Kickin’ Parkinson’s”** Stone Creek Club – Covington

**\*Save the Date – Kyoto, Japan June 4-7<sup>th</sup>, 2019 5<sup>th</sup> World Parkinson Congress ☺**

**\*HELP** needed with Committees ! As we grow, it takes a lot of cooperation to keep the Group thriving ☺ Please consider signing the “help needed” list going around.....

6. **OUR GUEST PRESENTERS** today are the **MDS professionals** that are near & dear to our hearts (and brains). Vital to our continuing good health, they are also vital to our continuing **Joie de Vivre !** You all know how much we need you....and we thank you.

**Dr. David Houghton; Colleen Knoop, DNP;**

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**Aug. 28<sup>th</sup> Dr. Jay Rao, LSU Neurology – Mary Brocato / ACADIA Pharmaceuticals**

**Sept.25<sup>th</sup> Eye, Ear, Dental issues and PD**

**Oct. 30<sup>th</sup> Physical Therapy/ Exercise choices for PWP**

**Smile- Be Happy- Do things you can't- Wear your pins- Be an advocate for PD !**

**Don't forget to visit our web site: [WWW.BigEasyFleurDeLis.org](http://WWW.BigEasyFleurDeLis.org) {Lots 'o pictures}**